

"Grief is a passion to endure. People can be stricken with it, victims of it, stuck in it. Or they can meet it, get through it, and become quiet victors through the active, honest and courageous process of grieving. Life is goodbye... Life is hello."

— **Alla Renee Bozath, Ph.D.**

"How people die remains in the memory of those who live on."

— **Dame Cicely Saunders, founder of the modern Hospice movement**

"My mother was a driving force in the hospice movement here for years. She was a compassionate nurse and truly was doing hospice-like work before we had a formal hospice.

My father was close to the Sisters and served on the hospital governing board, always advocating for hospice care, which everyone thought was a natural extension of our St. Bernards ministry.

They both taught me that we need to be there for all who need us, whatever the circumstance, at this most difficult, scary time of life."

— **Robert Jones**

For more information or to volunteer your services, please go to:
www.stbernards.info

St. Bernards Hospice
1726 Marie Circle, Jonesboro, AR
870.935.6310

St. Bernards Foundation
400 East Street, Jonesboro, AR
870.336.5009

Referrals invited from physicians, family members, loved ones, healthcare professionals and patients themselves.


**ST. BERNARDS
HOSPICE**

www.stbernards.info


**ST. BERNARDS
HOSPICE**
Volunteer Services



*When medical science can no longer add more days to life,
hospice adds more life to every day.*



You Can Make A Difference

As a volunteer, you will be making a much-needed contribution to the ongoing work of St. Bernards Hospice and be an integral part of the Hospice team. Volunteers provide thousands of hours of service each year. Two volunteer groups support the work of Hospice.

St. Bernards Hospice Volunteers

Volunteers play a vital role in hospice care, making a positive difference in the lives of patients and families. Each volunteer contributes unique interests, skills, experiences and talents that are an important component of the quality care delivered by St. Bernards Hospice.

Volunteers provide thousands of hours of service each year in the following areas:

• **Family Team Member**

Provides support and companionship to the patient and assistance to the caregiver by performing simple tasks, errands or respite. These volunteers are part of the team, headed by the Nurse Case Manager, assigned to each patient.

• **Bereavement Support**

Provides comfort with follow-up phone calls or acts as a facilitator for a children's or adults' bereavement support group under the direction of the Bereavement Coordinator.

• **Office Support**

Assists with clerical work, such as answering telephones, typing, data entry and other valuable, essential administrative support tasks.

• **Special Projects**

Assists with periodic programs, both large and small, which can be single day or several session assignments, such as mailings, community education and fund raising.

Flo and Phil Jones Hospice House Volunteers

Hospice House volunteers give their time to staff the welcome desk located at the front door of the Flo and Phil Jones Hospice House.

Duties include:

- Answer phones, take messages and respond to general inquiries about the Hospice House.
- Provide support for Hospice House staff including clerical and office duties.
- Assist families of patients in supporting the mission of creating a home-like environment for both patients and family members.
- Serve as an advocate for St. Bernards Hospice within the community.



You Can Learn More

St. Bernards Hospice offers an extensive training program for prospective volunteers.

For those who wish to provide direct support to patients, a workshop lasting approximately one-half day is required.

For those who wish to serve at the Flo and Phil Jones Hospice House welcome desk, a three-hour workshop is required.

Volunteer Workshops cover several topics, including:

- St. Bernards Healthcare's background, mission and philosophy, including customer service
- St. Bernards Hospice philosophy and team concept
- Understanding terminal illness
- Death and dying issues for hospice patients
- Grief and loss
- Communication and listening skills
- Pain management
- Family dynamics

To learn more about current training schedules and volunteer opportunities with St. Bernards Hospice, call 935-6310.

Visit us online at
www.stbernards.info